

# **ANTI-HISTAMINE (Tablets, Chewables, Syrup, Nose Sprays, Eye Drops & Over the Counter)**

## **THIS IS THE LIST OF MEDICATIONS YOU NEED TO AVOID**

### **Brand Names**

Actifed  
Aerius  
Alavert  
Aler-Dryl  
Alka-Seltzer Plus Cold  
Allegra  
Allent  
Aller-Chlor  
Allerest  
AllerMax  
Anaplex  
Astelin  
Astepro  
Atarax  
Banophen  
Benadryl Allergy  
Benadryl Dye-Free Allergy  
Benadryl Gel  
Benadryl Gel Extra Strength  
Benadryl injection  
Bepreve  
Bonine  
Bromfed  
Children's Tylenol Cold  
Chol-Amine  
Chlorafed  
Chlor-trimeton  
Clarinex  
Claritin  
Codimal  
Compoz Nighttime Sleep Aid  
Comtrex Allergy-Sinus  
Comtrex Severe Cold & Flu  
Co-Pyrionil  
Dallergy JR  
Dimetapp  
Diphen AF  
Diphen Cough  
Diphenhist  
Dramamine  
Dramamine Less Drowsy Formula  
Drixoral  
Duratuss  
Elestat  
Emadine

### **Brand Names**

Genahist  
Hayfedrol  
Histalet  
Hydramine  
Hydramine Cough  
Hydrate  
Hyrezin-50  
Iofed  
Klerist-D  
Lastacraft  
Lodrane  
Marezine  
Nolahist  
Napchon-A  
Nytol  
Nyquil  
Optimine  
Optivar  
Pataday  
Patanase  
Patanol  
PRZ  
PBZ-SR  
Periactin  
Phenergan  
Polaramine  
Pseubrom  
Reactine  
Rhinosyn  
Rondec  
Semprex  
Siladryl Allergy  
Silphen  
Sinutab Sinus Allergy  
Sleepinal  
Sominex  
Sominex Max Strength  
Tavist  
Tavist-1  
Theraflu  
Triminic  
TripTone  
Tussionex  
Tussicaps  
Tusstat

### **Brand Names**

Twilite  
Tylenol Allergy-Sinus  
Ultrabrom  
Unisom Sleep Gels  
Visine-A  
Vistral  
Zaditor  
Zyrtec  
Xyzal

### **NEW ADD ON BRAND NAMES**

Pepcid  
Zantac

### **Generic Names**

Azatadine  
Azelastine  
Bromphiramine  
Cetirizine  
Chlorpheniramin  
Clemastine  
Cyclizine  
Cyproheptadine  
Desloratadine  
Dexchlorpheniramine  
Dimenhydrinate  
Diphenhydramine  
Fexofenadine  
Hydroxyzine  
Ketotifen  
Levocabastine  
Levocetirizine  
Loratadine  
Phenindamine  
Promethazine  
Tripeleppamine

### **NEW ADD ON GENERIC**

Ranitidine  
Famotidine

### **EYE DROPS**

Lumigan – ask dr if you can stop 2 days prior  
Comdigan-ask dr if you can stop 2 days prior

